

# Copenhagen Squash Club

## WHY SQUASH

1. **Ultimate Fitness**
2. **Mental Game**
3. **Burns more Calories**
4. **Technique and Strength**
5. **Thrill and Excitement**

- **Centrally Located**
- **Open 24 hours**
- **300 Active Members**
- **All playing levels**

KSK is Denmark's oldest squash club

It is located in the heart of Copenhagen with an active membership of around 300 members. The club has regular social activities so that new members not only enjoy playing a healthy sport but also making new friends. This club is ideal for new comers and internationals to Denmark who like to meet the locals in a sporty setting. The club is part of various competitions both regional leagues and national tournaments and has won several titles and prizes.

**TRY IT.**

**PLAY IT.**

**LOVE IT.**

## Open to new members..



KSK North Søgade 58 farm 1601 Copenhagen V  
www.ksknet.dk Email: info@ksknet.dk



## Types of memberships

Junior membership\*

Student membership\*

Part-time Adult membership

Full-Adult membership

\*Please see our web pages for the membership fees and payment options. Send us an email and you shall get a response within 48 hours.

## Training times

Junior Training - every Tuesday & Thursday; 4 -6 pm

Women's Training - every Tuesday; 6-8pm

Mens Training - every Thursday; 6-8 pm

(Weekly sign up is mandatory and please refer to our web pages from time to time)

**Friday Squash** - alternate Fridays 4-7pm (30 DKK for socials, free beer and snacks)

**Saturday Intensive Squash Training**- 10 am-12 noon  
(50 DKK for private tutor)

**TRY IT.**

**PLAY IT.**

**LOVE IT.**

**BounceBack**  
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